

**JAK'S WORLD**



Creating hope through practical support and suicide first aid training

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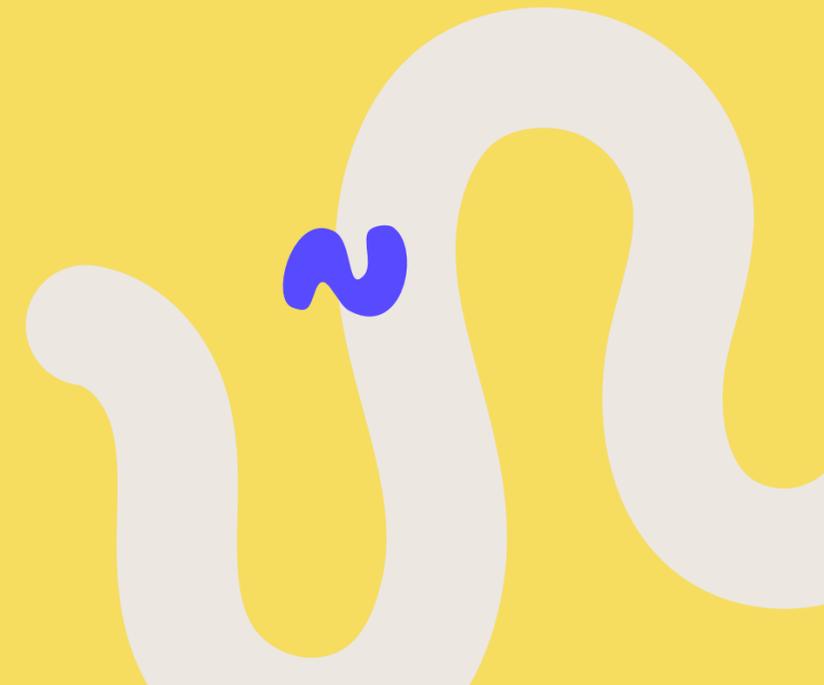
**A suicide prevention charity**



**TALKTOUS@JAKSWORLD.ORG**

**JAKSWORLD.ORG**

Reg no: 1208793



# Jakub's Wishes

Jak's World was established in memory of Jakub, a much-loved son, friend and a talented artist whose life was lost to suicide in 2023, at a young age of 19.

He lived life of kindness, creativity and collaboration. In his short career as music producer, he collaborated with various artists and companies like Sony, Universal and his music was streamed over 80 million times.

He wished to establish a music studio, where aspiring artists could access the equipment and produce their music.



# Our Mission and Vision

Jak's World envisions a future where conversations around suicide and mental health are met with understanding, compassion, and hope rather than stigma or silence.

We aim to create safe, welcoming spaces where people feel seen, heard, and supported through loneliness, grief, and emotional difficulty, while encouraging early connection and access to help.

Through awareness, education, and community-led support grounded in recognised approaches to suicide prevention, our vision is to help build stronger, more understanding communities where lives can be supported, valued, and ultimately saved. We also believe in providing support in practical matters – stresses of life so that person may find the early help before suicidal thoughts develop.

To achieve these, we wish to establish a studio – Jak's World studio where we can deliver community-based services. This premises will also have a room which serves as a music production studio for aspiring artists.

We believe that prevention starts with connection, compassion, and community.

# Our services to the community

## Emotional Well-being First Aid

Many people suffer emotionally due to events in life, isolation, media exposure, stigma surrounding sharing and opening-up to someone. Men and women of all ages feel anxiety and pressure to fit in. We support them through our activities and events.

## Suicidal Thoughts First Aid / Suicide First Aid Training

Our fully trained volunteers compassionately support community members who may be feeling suicidal. We follow city and guild approved 'Suicide First Aid' training to provide our support. This includes 1-2-1 support, signposting and interventions.

## Practical Matters: Career and Higher Education

Youth struggling to make a career decisions - University or Apprenticeships? We support youth to make a solid start following their high schools in selecting courses, applying for places, preparing statement of purpose or applications

## Practical Matters: Finance Management

We provide guidance and signpost to resources towards salary expectations, finance management including debt and savings – some published courses around interest rates, credit cards, loans, savings and much more. Think 'Finance Savvy' – not a financial advice.

## Practical Matters: Job applications, CV, Interview support

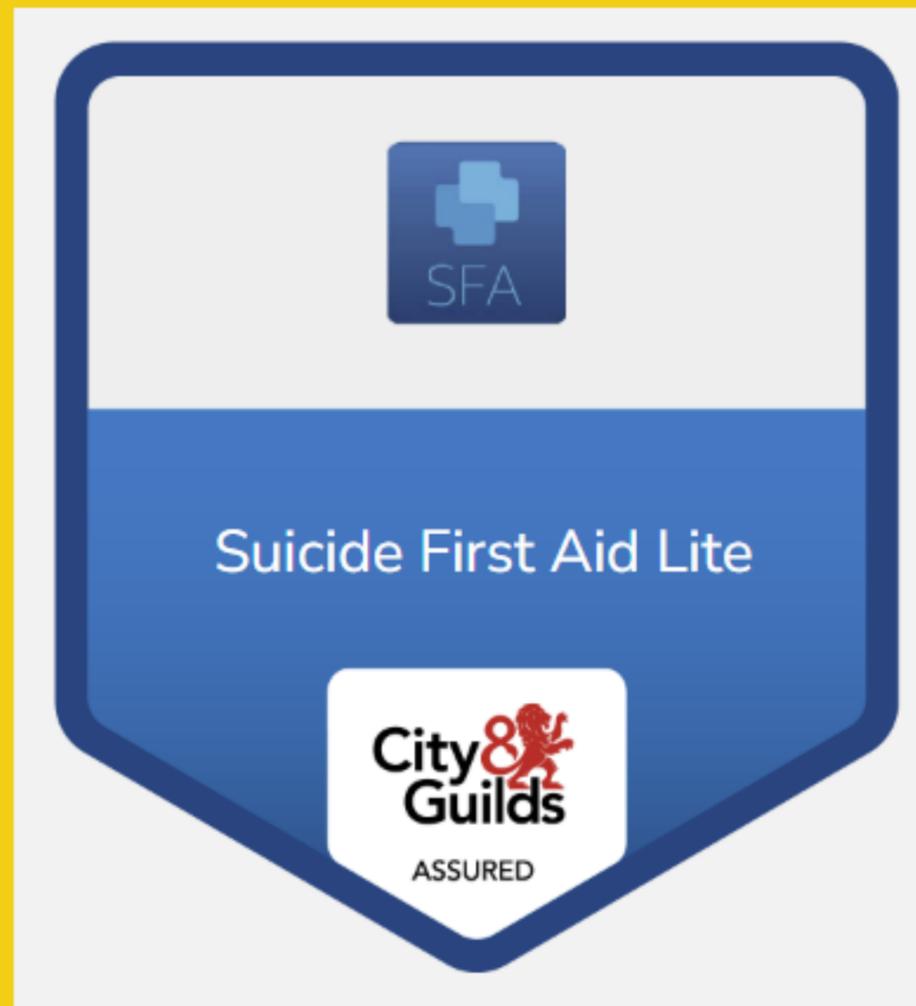
Starting a new job? Must restart the career? First job application? Do not have a CV? Made your CV on your phone with notes app? Wish to volunteer or gain work experience? We provide support in preparing you for this anxious experience.

## Personal lived experience matter: Music Production Support

Jakub was a creative music producer. We understand how pressured you must feel when launching something new. Creatives struggle to 'keep going' after hitting a 'block'. We provide practical support – studio, copyrights, publishing, royalty and more.

# Suicide First Aid Lite

**Train yourself to have a conversation. A conversation can save a life.**



## Overview

The programme teaches the individual to identify and give immediate support to a person in mental health crisis, who is contemplating or attempting suicide. The support would be given in the absence of a Suicide First Aider or mental health professional. The individual is given sufficient basic knowledge to enable them to cope until more qualified help arrives, and to exercise self-care. The programme promotes population-based suicide prevention and is therefore open to all.

### Skills / Knowledge

Basic Action Planning

Basic Suicide Awareness

Basic Support In Suicide Crisis

Communication

Enhanced Personal Skills

Non-judgemental Listening

# Building a meaningful connection (How we deliver these services)

## Hopeful Horizons Weekly events for emotional well-being and healing



# Building a meaningful connection (How we deliver these services)

## Other weekly/monthly events/activities

Suicide Prevention Charity x MK GYM

**JAK'S WORLD** PRESENTS

**DROP-IN SESSION**



**THURSDAYS** | **1PM - 3PM**  
From 6th November 2025

**FREE**

**MK Gym**  
Unit 2, Wardley Industrial Estate,  
Wardley, Worsley, Manchester M28 2LY

Join us in spreading hope and suicide awareness in community

Suicide Prevention Charity // Spreading Hope and awareness in community

**JAK'S WORLD** PRESENTS

**DROP IN SUPPORT SESSION**



**WEEKLY FRIDAYS** | **9AM-12PM**

**SALFORD LOAVES & FISHES**  
1 PADDINGTON CL, M6 5PL

07886 335 102 | [Talktous@jaksworld.org](mailto:Talktous@jaksworld.org)

**JAK'S WORLD** PRESENTS

**I AM EVERY WOMEN SUPPORT GROUP**



The support sessions are:

- Trauma-informed
- Non-judgemental
- Safe to share experiences
- With Emotional Freedom Techniques to help regulate daily emotions

**ARE YOU FEELING...**  
Emotionally overwhelmed?  
Isolated?  
Lonely?  
Disconnected?

Free  
Weekly Fridays  
Beginning 6<sup>th</sup> Feb  
9:00am - 10:30am

Private location,  
Please text/email:  
07886 289 102  
[talktous@jaksworld.org](mailto:talktous@jaksworld.org)

You are not alone. You are welcome. You are valued.

**JAK'S WORLD** PRESENTS

**GRIEF CAFE @ THE TATTON**



**Thursday 29 Jan 26**  
**Thursday 26 Feb 26**  
**Thursday 26 Mar 26**  
**10am - 11:30am**

Ordial Community Cafe

# Building a meaningful connection (How we deliver these services)

## Jak's World Football Team



# Next Game



MANCHESTER

VS



Jak's World Forever

22nd February | 4.15pm Kick Off  
Astley Sports Village, Dukinfield, SK16 5BL

Sands United is part of  
**Sands**

essential  
personnel 

# Our past or yearly campaigns





// SUICIDE PREVENTION CHARITY //  
// JOIN US IN SPREADING HOPE AND SUICIDE AWARENESS IN THE COMMUNITY //

**JAK'S WORLD**  
FOREVER

**SALFORD  
SUICIDE  
PREVENTION  
CONFERENCE**

10<sup>th</sup> SEPT. 9.30<sup>am</sup> @ SALFORD LADS' CLUB, ORDSALL

JOIN US FOR

- > ART EXHIBITION
- > WELL-BEING TREATMENTS
- > GONG BATH
- > HOPE GIFT BAGS
- > CAKES AND CELEBRATION
- > PANEL DISCUSSIONS
- > GUEST SPEAKERS



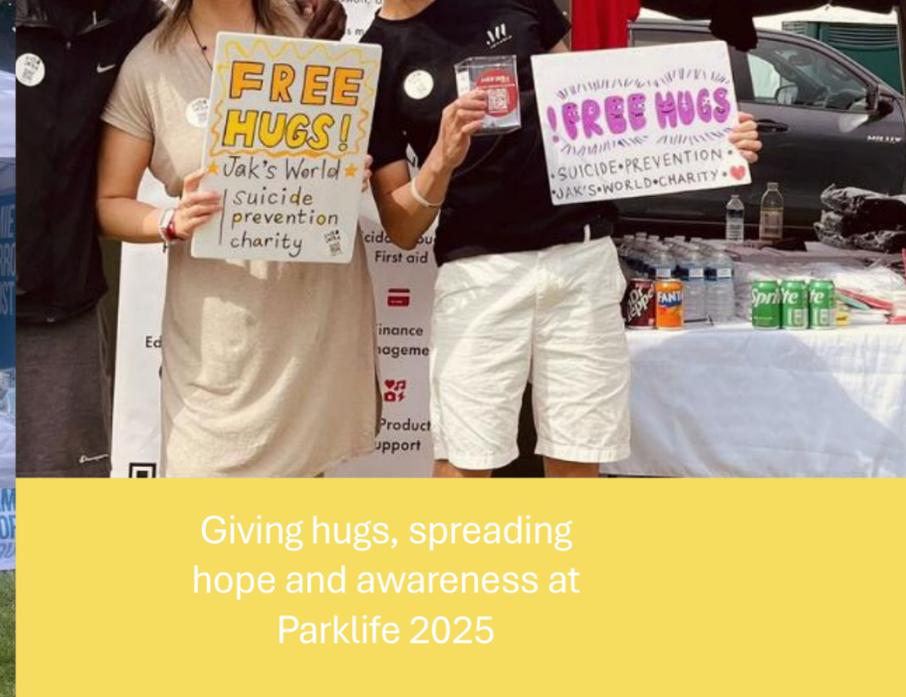
SCAN FOR MORE INFO

**JAKSWORLD.ORG/WSPD2025**  
**TALKTOUS@JAKSWORLD.ORG**

CHARITY REG : 1208793

/// IN LOVING MEMORY OF JAKUB (PROD.BY.JAK)

# Our outdoor events and community outreach



# Community Feedback

Kasia, your wonderful commitment is an inspiration to others.

£100.00

For this incredible charity and the wonderful work you do- £40 on behalf of Adrian Carrier- for 40 years of empathy, compassion and commitment to making the world a better place ❤️

£40.00

I heard of Jak's World at Pink Picnic earlier this year. Little did I realise that I would tragically lose my boyfriend a few weeks later. Your work is so important - thank you for everything you do!

£50.00

Thanks so much for the workshop this morning. We both got a lot from it and we're inspired by what you are trying to achieve in Jaks memory. We wanted to donate as we would have paid more for todayx

£15.00

Keep on going, your support what's visible on the surf lives!

Wow! Just heard about your story and legacy. Really hoping this happens for all of the other young people out there who struggle but music helps them to get through.

£5.00

Proud to support a cause close to so many hearts, well done and keep up the great work creating awareness.

£270.00

I hope this keeps going as I know this is a worthy cause. This has taken Kasia a lot of courage to do this. Please give generously

£10.00

Thinking of you Jakub & your loved ones especially your mum Kasia who continues to do so much to help others. I'm supporting this as I believe in the difference having space and music can make,

£25.00

# How you can help (corporate sponsorship/donation)

## Donate Time

We are continuously looking for **volunteers**. No experience necessary.

Also, we would benefit from an experienced **trustee** with connections, skills, expertise and vision to expand and outreach.

## Donate expertise/placement/training/equipment

You may have time and space available to train new apprentices.

You may wish to donate old IT equipment to youths seeking jobs/career/education.

## Donate Funds

You may have a campaign close to your heart that you want us to deliver. For example, £500 can deliver 5 weekly sessions, £5000 can let us continue for 5 months or £50,000 can help us establish a studio, hire members of staff and make our operations more sustainable.

## Donate Premises

We wish to establish Jak's World Studio. A safe place to deliver all community services as well as provide a small room for artists to produce their music.

Commercial rental/charges are prohibitively expensive.

## Sponsor our events for advertisement/CSG giving

We have variety of events planned this year. At a set one off donation, you may wish to sponsor an event like conference, community service event or Suicide First Aid Training for 1000 people.

## Take SFA training (all your teams)

Kasia, our lead volunteer delivers the most useful SFA training covering topics like how to identify signs, what actions to take etc.

Would you know what to say if a loved one shared their suicidal thoughts with you? This training covers this and more.

# Our Team



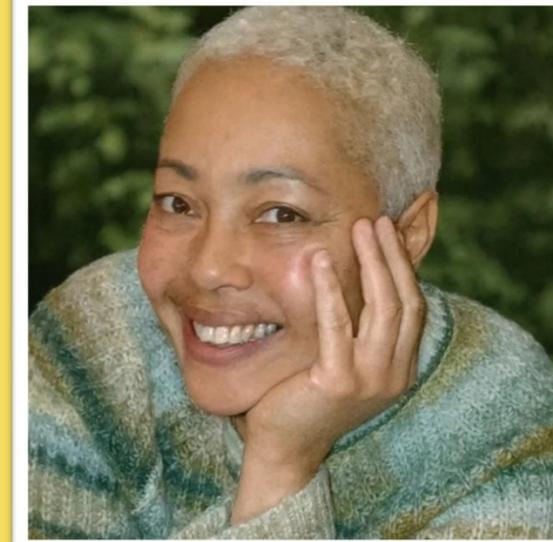
**Hansel Ungudi**  
Trustee,  
Voice of Youth,  
Our connection to younger  
community



**Gary Andrews**  
Trustee,  
Voice of Wisdom,  
Our connection to  
LGBTQ community



**Kasia Halani**  
Co-founder, Lead  
Volunteer,  
Ambassador of Hope  
SFA trainer and  
Compassionate champion  
of the community



**Tracy Jenkinson**  
Volunteer  
Trauma informed  
Person-centered  
Qualified counsellor



**Ronak Halani**  
Trustee, Jakub's Dad  
Bereaved parent, and  
Lead volunteer in providing  
practical support



**Christiano Ferreira**  
Volunteer,  
Voice of Youth,  
Fundraising and Support



**Lawrence Chung**  
Volunteer,  
Voice of Youth,  
Digital Content, Website



# Thank you so much

We really appreciate this opportunity to come and talk to you, share hope and spread awareness

 07886 289 103

 [Jaksworld.org](https://www.jaksworld.org)

 [talktous@jaksworld.org](mailto:talktous@jaksworld.org)